

# Quilter's Hand Cream

*This recipe was apparently developed by ER nurses and printed in the CQA/ACC magazine in Spring 1999. Hazel has made it several times, for quilters and others, who thoroughly enjoy this homemade cream. Ed & Hazel Bottrell*

*About 2 400ml Jars*

Ingredients	
400ml	Jar of Vitamin A Cream (Shoppers Drug Mart <i>Life</i> brand)
400ml	Jar of Vitamin E Cream (Shoppers Drug Mart <i>Life</i> brand)
60 ml	Baby Oil
50 g	Vaseline
15 g	Polysporin Cream

## ***Instructions:***

1. Whisk all the ingredients together - a hand mixer will work.
2. Refill the two 400ml jars or other containers.
3. The cream absorbs quickly and helps to heal dry, chapped hands.